

## Greetings from the CSCC Bent Fork Editors

*Sharon Boyd & Dale Campbell*



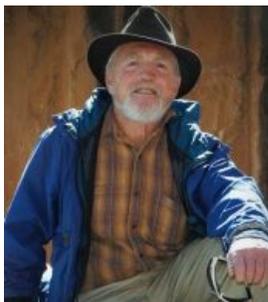
Sharon & Dale on Kalalau Trail NaPali Coast (Kauai)  
*Photo courtesy of Dale Campbell*

Welcome to Winter! We are at the gateway to the winter season... The recent weather changes require a change in your biking style (heaver clothing, slower speeds, more attention to road conditions, etc). In lieu of braving the elements, Sharon and Dale opted for a trip to warmer climates. As you can guess from the photo included with this month's Editors column, warmer weather included being closer to tropical waters – the Pacific in this case.

[More about the December Edition of the Bent Fork](#)

## CSCC Social Happenings

*Bill Gast*



*Photo courtesy of Bill Gast*

## Table of Contents

- [President's Message](#)
- [Moselle River Trail Ride](#)
- [Invisible Bike Helmet - Airbag for Your Head!](#)
- [Pueblo River Ride](#)
- [A Time to Be Thankful!](#)
- [Vern Pitcher - Celebrity Photographer!](#)
- [Superpedestrian–Another Step Towards Improving Bicycle Commuting?](#)
- [Membership Updates](#)
- [Colorado Bicycle Summit Registration Opens 2 December](#)
- [Greetings from the CSCC Bent Fork Editors](#)
- [CSCC Social Happenings](#)
- [Sailing with Tim & Susan](#)
- [Pedaling with Animals](#)
- [Tour d' Turkey](#)
- [Snowcial Ride](#)
- [Largest Bicycle](#)
- [Better Bike Lanes on the Rise!](#)
- [Pedaling for St. Patrick's Day Bicycle Ride 50K](#)

## President's Message

*Charlie Czar*



*Photo courtesy of Sharon Boyd*

As we reach the end of the Club's 27th year, I was looking back on things that we accomplished throughout the year. We started with the 26th Annual Frozen Water Bottle Ride on Jan 1st.

This year we were approached by the St Patrick Day Parade and Run organizers to help them stage the 2nd Annual St Pat's Bike Ride. Janine Hegeman led the Club's team to be both Road Marshalls on the course and manage the organizer's three rest stops. Things went well and we proposed changing a few things for the future.

Allen Beauchamp is leading the **CSCC Sunday Social Ride** in December. The ride will depart from Acacia Park.

The **Festival of Lights Parade** is Saturday 7 December at 5:30pm. The Club staging area at Monument Street on the East side of Tejon CSCC; Unit 62. Decorate your bikes!. There will be a Chili Party at the Garagemahal (Chris Conboy's house at 528 E Bijou) after the parade. Park your cars there and ride your bicycle to the start. This will be a fun night. If you would like to contribute food or stuff to the chili party then call Bill at 332 2890.

The **CSCC Annual Holiday Party** will be at the Antlers Hilton Colorado Springs (4 South Cascade Avenue) on 8 December at 6:00pm.

**Frozen Waterbottle Ride** on 1 January; we are looking for a ride leader.

## Sailing with Tim & Susan

*Susan Tiefenbach*



Photos courtesy of Susan Tiefenbach

Biking is a life long commitment for us, no matter where we are, and even while living on a sailboat, we continue to be avid cyclists.



Our newest adventure is sailing the seas on 'Alpenglow', our Island Packet 38 sailboat. We each have a Dahon folding bike which we either keep in the guest aft cabin or on deck when visitors come aboard. If we stay somewhere for awhile, we

[More Prez Says...](#)

## Moselle River Trail Ride

*Carolyn Myers & Dick Woods*



Photos courtesy of Carolyn Myers

In October this year (2013) we rode the trail by the Moselle River in France, Luxemburg and Germany. This was a self guided tour; we had a booklet of maps, and we were the only ones on this trip! It was a hotel to hotel tour. The first hotel had our bicycles that were provided to the tour group. Each next hotel came and picked up our luggage and took it to the next hotel, so we had no support van. We found this tour on the TRIPSITE web site. We have taken several bike and barge trips with this company and they have a very good value for the price.

[More about the Moselle and Rhine Rivers](#)

## Invisible Bike Helmet - Airbag for Your Head!

*Dale Campbell, Co-Editor*



Ever have an extreme case of "helmet hair" after a session of cycling? Or, while you know that a helmet is a critical safety component while cycling, did you ever wonder is it's possible to bicycle without a helmet and still stay safe? Thanks to a product designed by two Swedish industrial designers - Anna Haupt and Terese Alstin - it is possible to ride helmet free, safely.

[Details About the "Invisible" Bike Helmet](#)

## Pueblo River Ride

*Janine Hageman*



may tie them up on shore or on the dock. Biking is not only for exercise but also, it's our main mode of transportation while on shore.

[How to Combine Sailing and Biking](#)

## Pedaling with Animals

Sharon Boyd, Co-Editor



Photo courtesy of Terre Topp

"Nature in Your Face!" You may recall reading an article in the last Bent Fork Chronicle describing a white hawk joining the 2nd Annual CSCC President's Pre-Inaugural Tour of COS. The hawk flew in formation with Dan Sadowski. Here are a few more natural encounters as a result of cycling... Recently Terre Topp and Connie Miller were riding the trails in Rockrimmon and observed this Red-tailed Hawk enjoying snake for lunch! Colorado provides encounters with nature...do you have a story or picture to share? Email the Editors.

[Nature and Cycling? Read More...](#)

Photo courtesy of Bill Gast

Sunny skies and pleasant fall weather dawned for the 3rd annual trek to ride the trails along Fountain Creek and the Arkansas River in Pueblo. Fifteen riders gathered at the Nevada-Tejon Street Park-n-Ride at about 8:00am to carpool down to Colorado State University at Pueblo, for the start of the ride. After a quick 35-minute drive, everyone reassembled in the college parking lot. Two additional riders joined the group at the university.

[read more...](#)

## A Time to Be Thankful!

Dale Campbell, Co-Editor

*We've just experienced the Thanksgiving Holiday here in the United States. Whether we realize it or not, we have many, many things to be thankful for in this country, in my opinion, especially here in Colorado. Bicycle Colorado expressed a similar sentiment from a bicycling perspective in their recent eNews update. Below are their thoughts for this year's Thanksgiving Season.*

*"In the spirit of the season, all of us at Bicycle Colorado would like to thank you, our readers and supporters, for your belief in and help with making bicycling safe, accessible and fun for everyone who rides a bike in Colorado. We are grateful that:*

- 1. Colorado is an extraordinary place to ride a bicycle (dare we say year round?).*
- 2. Bicycling is an inherent part of Colorado culture. We ride our bikes to work and to school, we enjoy the great outdoors and get exercise, and we have fun experiences with our families and friends.*
- 3. 20 Colorado cities and towns have made bicycling a priority, so much so that they are recognized as Bicycle Friendly Communities.*
- 4. Many Colorado schools have embraced the idea of educating and empowering kids to safely ride and walk to school through programs like Safe Routes to School.*
- 5. Colorado residents are serious about making change happen to make Colorado even better for riding. By working together, we're affecting change."*

## Tour d' Turkey

Bill Gast



Photos courtesy of Bill Gast

Yes, it snowed (and continued snowing) the Sunday of the CSCC Tour d' Turkey on 24 November. Three robust souls participated: Ride Leader Al Brody, Tim Lopez, & Lee Willmon. Lee "won" the turkey and Social Director Bill Gast presented him with the prize.

## Vern Pitcher - Celebrity Photographer!

Sharon Boyd, Co-Editor

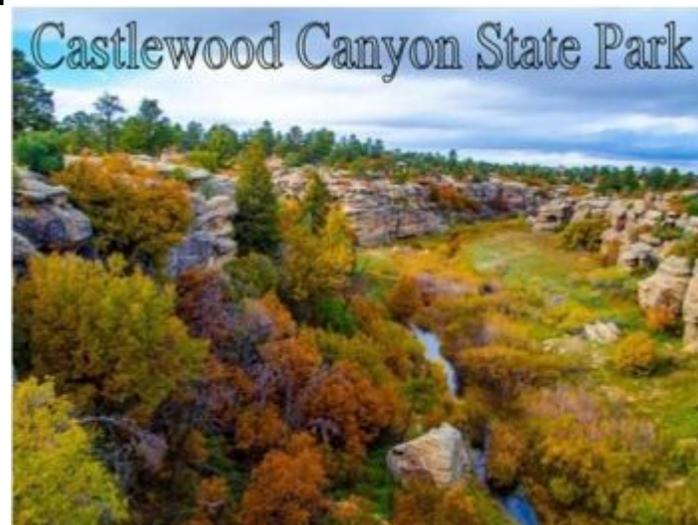


Photo courtesy of Vern Pitcher

While browsing the postcard racks at Castlewood Canyon State Park, you will find a postcard with a picture from one of our very



[More about the Tour 'd Frozen Turkey](#)

## Snowcial Ride

*Al Brody*



Photos courtesy of Al Brody

Photos from the first CSCC Sunday "Snowcial" bicycle ride of winter 2013/2014.

[read more...](#)

## Largest Bicycle

*Photo courtesy of Janine Hegeman*



own bike club photographers: Vern Pitcher. We are very proud of you, Vern!

## Superpedestrian—Another Step Towards Improving Bicycle Commuting?

*Dale Campbell, Co-Editor*



Superpedestrian, Inc., a startup company out of Cambridge, Massachusetts, envisions an improved future for bicycle commuting – one in which after a morning commute, professionals could arrive at work without needing a shower. Their initial product – the Copenhagen Wheel – is designed to fit on most standard bicycles. By doing so, it turns the bicycle into a hybrid electric bicycle.

As with most electric bike setups, the Copenhagen Wheel will store energy from braking and cycling for later use to assist the rider up those challenging hills encountered during a ride. The large hub of the wheel contains multiple components, such as batteries, motor components and environmental sensors. The Copenhagen Wheel is set up to be controlled via smartphone and has optional Internet connectivity.

[read more...](#)

## Membership Updates

*Sara Hill, Treasurer / Membership*



### WELCOME NEW MEMBERS!

Paul Jenkins, Greg Ouren, Kevin Gunty, Michael Haftel, John Janett, Becky Wayman, Doug Moyes, Gary Christensen & Family, Scott Hillman and Bill Lowes

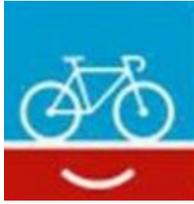
### RENEWING MEMBERS – THANK YOU!

Anne & Ted Junge, Carol Keenan, George Robbins, Ron Toman, Tim Lopez, Tom Martin & Family, Gary McKee & Family, Laurie Groom, Allen & Cece Beauchamp, Ron Boetger, Stan & Anne Lebahn, Mike & Lorena Wilder, Bud Reynolds, Norma Holister, Michael Silver, Patrick Spencer, Bill & Cynthia Doty, Sandy Greenspoon, Dave Hennekens, Lisa & Richard Hickey, Bryan & Jodi Miller, Larry Womack, Randy Susman & Family and Jerry & Jeannette Martin

### MEMBERSHIP REMINDERS:

## Rise!

*The PeopleForBikes Team*



Across the U.S., **better bike lanes** are hitting the ground. The new designs create dedicated, protected space on streets for people on bikes. The lanes use posts, parked cars, planters or curbs to make bicycling more comfortable for more people.

Momentum for these lanes has been growing: New York City started building them in 2008, Chicago has built 17 miles of protected lanes in the last two years, Atlanta installed its first this year, Memphis has pledged to build 15 miles in the next two years, and Omaha and Lincoln are in a race to be the first city in Nebraska to get one.

[read more...](#)

## Pedaling for St. Patrick's Day Bicycle Ride 50K

*Sharon Boyd, Co-Editor*



Pedaling for St. Patrick on Saturday, 15 March at 8:30am

The 50K-plus-a-wee-bit-more bike ride (31.7 miles in honor of St. Patrick's Day 3/17) promises to take you through some of the most scenic areas of Colorado Springs. Starting at McCabe's Tavern, riding up the Midland Trail to Garden of the Gods Park, you will ride by the infamous Balance Rock and Kissing Camels. Finish your ride at Colorado College and wait for the rest of the riders to assemble before riding through the St. Patrick's Day Parade where you will be cheered on by 20,000 spectators!

For more information, go to the

(1) Family memberships are eligible for two adult online logins. With each login, members can comment on the message boards or respond to surveys independently. If you wish to have a second adult login, please contact Membership at [membership@bikesprings.org](mailto:membership@bikesprings.org). Provide the following information: Name on membership account, secondary member's name and email along with a preferred username. If you have a preference for billing identity, indicate this as well.

(2) Has your personal information changed? Don't forget you can update your mailing address, phone numbers and email at anytime by logging into the membership area and clicking the "Change Contact/Profile Information" link under Member Information. You can even change your username.

(3) You can check your membership payment status online - and pay online as well.

If you have questions regarding membership, please contact Sara Hill, Membership Coordinator at [membership@bikesprings.org](mailto:membership@bikesprings.org).

Sara Hill, CSCC Treasurer & Membership Coordinator

## Colorado Bicycle Summit Registration Opens 2 December

*Dale Campbell, Co-Editor*



Registration for the 2014 Colorado Bicycle Summit opens Monday, 2 December. The Summit will be held 10 and 11 February 2014, in Denver. The first 100 people to sign up will receive a discounted registration!

First 100 people: \$95 members | \$110 non-members

Regular registration: \$110 members | \$125 non-members

The Colorado Bicycle Summit brings together advocates, industry leaders, on and off-road cyclists, elected officials and agency staff from across the state. The event always sells out, so register early to ensure your spot!

[cts.vresp.com/c/?BicycleColorado/edf5911ff6/52523d589b/0433a574bc](http://cts.vresp.com/c/?BicycleColorado/edf5911ff6/52523d589b/0433a574bc)

website at  
[www.csstpats.com/bicycling.html](http://www.csstpats.com/bicycling.html).



## Greetings from the CSCC Bent Fork Editors

*Sharon Boyd & Dale Campbell*

In addition to weather changes, this time of year definitely brings a host of other events that align with the seasonal changes; such as the Holiday Party, Parade of Lights and Frozen Water Bottle Ride. Details about these events are included in this edition.

As we wrap up 2013 and begin thinking about 2014, its also a time for reflection on this past year. In the Presidents column, Charlie provides a summary of this 27th year for CSCC. Read what he has rto say and I think you'll realize that we continue to be quite busy as a cycling organization.

We've also included a few ride reports, with one reflecting on two European rivers and another about a ride along a Colorado river. Two other articles show just what its like to continue enjoying cycling while embracing the weather that winter provides. And, there's even a lesson about combining sailing and cycling!

And, we hope you enjoy reading the information about how to eliminate helmet hair and our continuing updates about the future of electric bicycles. Hopefully, we'll see these items in the US in the coming year.

As always, if you have any comments or questions about the Bent Fork, just send us an email with your thoughts. And, we continue to welcome any articles that you would like included in upcoming editions of the Bent Fork.

Bent Fork Chronicles - Volume 6, Issue 6, 1 December 2013





## Sailing with Tim & Susan

*Susan Tiefenbach*



Each bike weighs about 25 pounds. They have 7-speed rear derailleurs. To get them off and on the boat is tricky and tedious but well worth it.

Steps to store our bicycles:

- 1) Put each bike in a separate bag
- 2) Put both bags with bikes in the dinghy; maneuvering bikes can be difficult if there are waves
- 4) Put bikes into the boat/cockpit
- 5) Lower bikes into the cabin; store bikes in the 2nd cabin

While at anchor, we need to use our 9 foot inflatable boat, called a "dinghy", to get the bikes to shore. One by one, the bikes, each in its own bike bag, are lifted from the cabin and up into the cockpit. While the dinghy is tied to the side of the boat, we carefully drop the bikes into the tiny boat. One false move and in the water they would go!

We motor to shore or to a dock, tie up the dinghy and lift the bikes out of the dinghy onto shore. We remove both bikes from their bags & store the bags in the dinghy. It takes only about 2 minutes to unfold the bikes and we're ready to go!



Our most exciting bike ride this summer was while we were in New York City. We started at 79th Street and rode south on the friendly but busy bike path along the Hudson River. The bike paths have street lights just for cyclists; viewing a red bike means stop and a green bike means to proceed. We were able to visit many sites in a day with our speedy bikes, however, it was quite a challenge & scary at times. The craziest places to bike were going across the Brooklyn bridge & also on the Avenue of the Americas that crosses Manhattan right in the heart of the city. It was rush hour of course....we constantly had to dodge cars, buses, pedestrians, other bikes, baby carriages, cabbies, etc.....Wow, it's amazing we made it through without even a scratch !

On our way back to our boat, we decided to bike through Central Park which was absolutely a wonderful end to our crazy day.

We are looking forward to more biking along the coast to Florida and in the Bahamas this winter.

Susan & Tim Tiefenbach

If you'd like to follow Tim & Susan's adventure, go to their sailblog at [www.sailblogs.com/member/alpenglow](http://www.sailblogs.com/member/alpenglow).

Bent Fork Chronicles - Volume 6, Issue 6, 1 December 2013





## Pedaling with Animals

*Sharon Boyd, Co-Editor*

Recently Terre Topp and Connie Miller were riding the trails in Rockrimmon and observed the Red-tailed Hawk featured in the photo with this article enjoying snake for lunch! Let's consider this for a minute.

Many of us think of cycling in terms of being an enjoyable sport, providing a mechanism for exercising, challenging our limits (think hill climbs!) and as a mode of transportation. However, surrounded as we are by this beautiful Colorado environment, we have the opportunity to observe and sometimes interact with the natural world through which we're two wheeling. Sometimes these interactions are subtle, and other times not so subtle. Think of the hawk interaction with the pre-inaugural Colorado Springs 100 that was noted in the last issue of the Bent Fork.

And, I'm reminded of another nature interface on a club sponsored ride years ago. In the late 90's Mike and Fawn Remington sponsored a Tarryall Camp and Mountain Bike event. Dale and I were about halfway through the ride, pedaling along a dirt road between two paved sections of the ride. About 50 yards in front of us, a catlike animal stopped in the middle of the road and looked at us. Immediately coming to a stop, we both had an astonished look as we realized that we had encountered a mountain lion crossing our route. In 20 years of riding in Colorado, that the only puma we've seen in the wild.

Terre and Connie's encounter is just a most recent example of Nature in Your Face situation that can happen while enjoying cycling in Colorado. Do you have a encounter with nature story or picture to share? Email the Editors.





## Tour d' Turkey

*Bill Gast*

Snow Biking



Bent Fork Chronicles - Volume 6, Issue 6, 1 December 2013





## Snowcial Ride

*Al Brody*

Biking in Snow!



Bent Fork Chronicles - Volume 6, Issue 6, 1 December 2013





## Better Bike Lanes on the Rise!

*People For Bikes*

Early in 2012, PeopleForBikes launched the Green Lane Project to champion these innovative facilities. Why? Because they turn a busy street into a place where more people are comfortable riding. Protected bike lanes help remove barriers that dissuade people from hopping on a bike to visit friends, get to school or work, or cruise to the neighborhood frozen yogurt place. That's good news for everyone—whether you are seasoned rider or new to bicycling.

Our strategy to promote protected bike lanes has two main components: Raising awareness about them and getting them on the ground. In early 2012, we selected six cities that were poised to make a lot of progress: Austin, Chicago, Memphis, Portland OR, San Francisco and Washington DC. We provided them with grants, technical and strategic support, and a good dose of inspiration. And they've made huge progress. About half of the new lanes built in the last two years are in these six cities. The effort worked so well, we're doing it again. We just opened the application process for Green Lane Project 2. We'll select six new cities in early 2014, and help them make progress.

Are you hearing about protected bike lanes in your community? Join the conversation on our website or Facebook page.

[www.peopleforbikes.org/blog/entry/green-lane-project-opens-applications-for-6-cities-eager-to-improve-biking](http://www.peopleforbikes.org/blog/entry/green-lane-project-opens-applications-for-6-cities-eager-to-improve-biking)

Bent Fork Chronicles - Volume 6, Issue 6, 1 December 2013





## Moselle River Trail Ride

*Carolyn Myers & Dick Woods*

We made the reservations late in the season, because we had several family events during the spring and summer. We booked the trip for mid October, knowing that the weather might be dicey - and it was! It rained a lot, was cool and windy, but we had some nice days as well. Layering our clothing worked well - some days we had several layers.

The Moselle and the Rhine rivers are as wide and long as our Mississippi.

The Moselle River Valley trail goes through a lot of vineyard countryside - many times we were riding right through the vineyards, while they were harvesting the grapes. Some by hand and some with machinery. (eat all you wanted.) There were huge castles high above the river, and we passed through several towns and villages along the way. Each afternoon, as we reached the town in which the hotel for the night would be located - finding the hotel was the tricky part. We got lost a lot of times and had to back track to find our way. Sometimes the maps were not clear, or they were incorrect, sometimes the street signs would be confusing - but that was part of the challenge - to find our hotel!! One night especially was challenging, we bicycled into Trier, Germany at going home from work time, very heavy traffic. It started to rain, and rained heavily. Even though we stopped and asked directions several times, we just were not getting to the hotel. Finally after several kilometers we made it, feeling and looking like drowned rats!! Do not rely on locals to know your destination even though it might be a kilometer (or ten) away. In Luxemburg we were pointed back into Germany for a few kilometers detour by locals that had never heard of Perl ( 5 kilometers up the road.)

For the initial part of the bicycle trip, we had three days in Paris where we took in the Louvre, the Eiffel Tower, Champs Elysee, Sacre Coeur and other museums.

The middle part of the was to ride along the Mosel river and have nights in Metz, Perl, Trier, Ruhr, Piesport, Traben, Cochem and Koblenz. We had the option of riding the right or left banks in segments. So we alternated some, left bank has more hills.

At the end of the trip we had some days in Frankfurt, Germany. Visited several more museums. Learned how to find the 'Hauptbahnhof' and WillyBrandt central train/bus/metro stations in my sleep, and also which level underground would have the particular line we were looking for. Street names in Europe seem to change every two intersections and most are built on triangular curved blocks.

We traveled along the Main(z) river, and the Rhine river. Enjoyed a wine tasting dinner at a very picturesque castle Inn. The very finest wines are 'eise wine' made from frozen grapes toward the end of growing seasons (80 Euro per 200 liter bottles.)

It was a fun trip and we learned a lot! -

"Je parle tres peu la francais, parlez-vous anglais?",  
"Je ne parle pas francais", "Ou pourrais-je trouver toilette?"  
"merci beaucoup"

"Spricht heir jemand Englisch? , Wo sind die Toiletten? "  
"spechen ze Englisch?"  
"danke"



## Invisible Bike Helmet - Airbag for Your Head!

*Dale Campbell, Co-Editor*

Essentially set up as an air bag for your head, the "invisible" bike helmet provides protection for your head during a fall or crash. Called the Hövding, the helmet airbag and its inflation components are packaged in a scarf you wear around your neck. In many ways the designers feel that their product is an improvement over conventional helmets. As noted in an article in the Sydney Morning Herald, Anna Haupt stated "Airbag technology absorbs the shock from an impact in a much more efficient way than conventional helmets can do." The Hövding has "an efficient shock absorbent capacity so that your skull and brain becomes much more protected in an impact ... you can have multiple hits in one accident and the Hövding can handle them all because it stays inflated for a few seconds and it protects much larger areas of the head than conventional helmets can do."

Haupt and Alstin worked on the design for eight years. They now believe that it is gaining some traction in a worldwide market. The designers do admit that part of the drive in designing the helmet was in consideration of "fashion." Conducting a study to find the root of resistance to traditional safety helmets in Europe, Haupt and Alstin discovered aesthetics plays a major role. "Everyone who buys this product says it's because of the safety reasons." But, the results of their anonymous study told a different story. "It's a lot about vanity," explains Haupt. "[Helmets] feel geeky, it distorts their hair, they are bulky to bring and so on." Understanding that they needed to think of an approach from the typical bicycle helmet, they came up with the basic concept for the Hövding.

With a price tag of 399 Euros (that's \$543 at the current exchange rate), purchasing a Hövding is certainly an investment, especially considering that the helmet can't be reused if it has activated. And, the Hövding is currently only available throughout Europe and Japan due to differences in safety certification procedures. Haupt and Alstin hope to apply for certification in the US once it starts generating more sales. Once the US market opens up, the creators would ensure that national distributors have enough supplies to provide replacements free of charge.

So, is it a fashion statement or practical safety accessory? You decide. If you want to see a video of the airbag for your head in action, take a look at [www.today.com/video/today/53563167#53563167](http://www.today.com/video/today/53563167#53563167)

Bent Fork Chronicles - Volume 6, Issue 6, 1 December 2013





## Pueblo River Ride

*Janine Hageman*

Bill Gast, the leader of the ride, gave a quick overview of the route and the general timeline for the ride. As a no-drop social ride, the riders would take their time and regroup periodically. There would be a lunch stop at the Coyote Café at the Pueblo Nature Center. With that, the riders departed.



It was soon discovered that the city maintenance crews had done a fine job of mowing along the trails. One problem became very evident, however; the rains this summer had produced a bumper crop of *Tribulus terrestris* (also known as goathead weed or puncturevine), and the mowing operations had spewed the spiny seeds from this noxious weed all over the trail surface. Several flats occurred on the way to the Nature Center.

Everyone did make it to the restaurant. Most people ordered food, and after the long wait, were rewarded with an excellent lunch. Some folks brought a picnic lunch and enjoyed it under sunny skies out on the patio overlooking the river. A few people ventured further up the trail to the Lake Pueblo Dam. The main group waited for these folks to return and then set off for the return with a side trip to the Riverwalk in Pueblo. Here, things took a turn for the worse.

While getting onto to the Riverwalk, one rider crashed. He was not moving fast, but crashed hard enough to crack his helmet, and he was not responsive when the other riders attempted to help him. An ambulance was called, and he was taken to Parkview Medical Center in Pueblo. He remained there overnight for observation with a concussion.

After some confusion on what to do with the fallen rider's bike and getting the other riders back to the start, Bill made decisions and phone calls and took care of the situation. The ride back was fraught with still more flat tires (and there were a few slow leak flats reported the next week from unseen goatheads that were picked up) but the riders all made it back to the start.

All in all, the riders mostly enjoyed the trip. A few serious lessons were learned, however.

**Number one:** if you have a Road ID bracelet WEAR IT on out of town rides, or any ride for that matter. Be sure to let the ride leader know who to contact in the event of an emergency. It is your responsibility to note emergency contact information (NOT 911!) on the ride sign-in sheet; please be considerate and don't leave other people scrambling to figure out how to deal with your emergency.

**Number two:** If the summer was rainy - bring plenty of extra tubes!

Bent Fork Chronicles - Volume 6, Issue 6, 1 December 2013





## Superpedestrian—Another Step Towards Improving Bicycle Commuting?

*Dale Campbell, Co-Editor*

As Superpedestrian indicates on its website, "All actuation of the wheel happens automatically via the pedals through sensing and control algorithms. When the rider pedals harder, such as when going uphill, the wheel pushes with increasing power. Using your smartphone with the Superpedestrian app, you can vary the level of powered assist."

Superpedestrian, Inc. recently raised \$2.1 million and hopes to have the Copenhagen Wheel available in 2014. At this time, it is possible to preregister to purchase the wheel. To do that or just learn more about the company or its product, just visit their website at [www.superpedestrian.com](http://www.superpedestrian.com)

Bent Fork Chronicles - Volume 6, Issue 6, 1 December 2013

