

THE BENT FORK CHRONICLES

FEBRUARY 2009

Volume 2, Issue 1



Colorado Springs Cycling Club, P.O. Box 49602, Colorado Springs, CO 80919
<http://www.bikesprings.org> 719-380-7635

COME ALONG FOR THE RIDE!

Letter from the Editor

Happy New Year to you! As you may know, CSCC has changed a few things on the website, all to make this a more useful and interactive tool. The newsletter will be a part of the website by April. We hope you enjoy it.

Last year ended well, with the Annual Holiday party, an inaugural ride through the Rock Island Tunnel, and a few nice days in December for riding. The Frozen Water Bottle Ride on New Year's Day was well attended (about 40 riders) due to the great weather. We'll get a few good days in the upcoming months, so don't think your cycling days are over until spring! Colorado weather always provides a pleasant surprise or two.

But if the weather conspires against us, there are avenues available to you to support cycling, and get ready for spring. The Buena Vista Bike Fest is coming up May 16th, and it is CSCC's only fundraiser. Think about riding or volunteering - it's fun either way and a beautiful way to spend a weekend. Also the National Bike Summit in Washington D.C. (March 10-12) is a great opportunity to help make the voices of Colorado Springs cyclists heard.

www.bikeleague.org/conferences/summit09/index.php
Contact Al Brody if you are interested in attending.

2009 starts my second year with the Bent Fork Chronicles, and I want to thank you for this opportunity to serve as newsletter editor. It has been fun, I've learned a lot, set new goals, and met some of the greatest people in CSCC. Thanks again, and remember to COME ALONG FOR THE RIDE!

Janine Hegeman
Newsletter Editor

RIDE LOG

Charlie Czarniecki is once again crunching the numbers for us. In 2008, we totaled slightly more than 89,000 miles! Check out your ride miles [here](#).

INSIDE THIS ISSUE

Letter from the Editor	1
Socially Yours	1
Ride Log	1
CSCC Member Donates Bike	2
Advocacy	3
New and Renewing Members	4
Cycling in France	4
Outreach	5
Club Bylaw Changes	5
Frozen Water Bottle Ride	6
Bicycle Show	8



Upcoming Events

Check out the new and improved calendar! Go to "[Rides/Events](#)" on the website. You can easily add a ride, too. LOTS of great rides in addition to our standard rides are listed. Also, the message boards are a great way to put together a short notice ride or event. Login to the website and check it out.

Socially YOURS

By Chris Conboy

The Christmas Party was a smashing success, with great food, music and dancing at the Clarion Hotel downtown. About eighty CSCC members attended, and we all had a great time. Numerous prizes were given away, and I think everybody left with a gift. We do thank you for being members of CSCC!

On the dance floor at the Christmas Party December 14, 2008. *Photo Dave Horne*



Please see "SOCIALLY" page 5

CSCC Member Donates Bike

Editor's note: John Pamperin won a child's bike at the raffle during the grand opening of the Rock Island Trail Tunnel, and then donated it to the Colorado Springs Police Department's annual Christmas Toy Drive. Thanks to you John, one more young person is out enjoying a bicycle. Way to go!

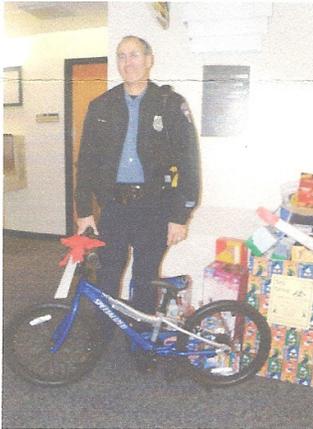


PUBLIC COMMUNICATIONS

Dec. 10, 2008

Dear Mr. Pamerin,

I want to thank you for the donation of the bike you won at the Constitution and Circle opening to the Colorado Springs Police Department toy drive. I took a photo of when I dropped it off to show you.



The Colorado Springs Police Department holds their Annual Christmas Toy Drive in partnership with Christmas Unlimited. Continuing through Christmas Day, collection boxes have been placed in the lobbies of each of the Colorado Springs Police stations. Citizens may drop off new unwrapped toys in the collection boxes any time of the day or night. Colorado Springs Fire Department also supports the work of Christmas Unlimited and each of its 20 fire stations, along with the Fire Department Headquarters, is a drop-off point for toys.

Members of the CSPD will be identifying families with young children up through age 12 that are either in crisis or are unable to provide Christmas gifts for their children. In partnership with Christmas Unlimited, they provide gifts for these families.

CSPD officers and cadets along with "Santa" will then deliver toys to these children on Dec. 22 and 23. Last year (pictured), they delivered toys to approximately 400 needy children in Colorado Springs.

Thanks again!

Carrie McCausland
 Carrie McCausland
 Public Communications
 City of Colorado Springs
 719-964-7674
 cmccausland@springsgov.com



Advocacy – Just Do It!

Save the Date! National Bike Summit 2009

March 10-12, 2009 - Washington, D.C.

GO FOR GREEN: BUILDING BICYCLING INTO THE TRANSPORTATION BILL

Bicyclists led the Good Roads movement in the 1880s, successfully lobbying for paved roads to drag our nation out of the mud. In 2009, the stage is set for bicyclists to once again lead reform of our transportation system. A “smart” transportation movement is needed to solve the challenges of climate change, obesity, congestion, pollution, safety, and dependence on foreign oil. The 2009 National Bike Summit is focused on making a powerful case for expanding Federal support for bicycling – for active transportation and recreation. Join fellow advocates, industry leaders, and retailers as we make our voice for change heard: we have a new President, new Congress and new administration to address. The new Congress begins writing a new federal transportation funding bill and bicyclists must be at the table. Please join us: we need every Congressional District to be represented.

CSCC Members: Contact Al Brody if you are interested in attending. He has attended this event for several years and “knows the ropes” and would be happy to offer advice.

BikerBrody@aol.com



Former CSCC Prez Allen Beauchamp receives the Volunteer of the Year award from Dave VanDerWege, current president, at the CSCC Christmas Party on Dec. 14, 2008. *Photo courtesy Dave Horne*

NEW! Advocacy Page on the Website

Take a look at the new page!

<http://www.bikesprings.org/advocacy.php>

Here you'll find:

- The latest developments and links concerning advocacy for cycling.
- Useful information such as how to report road raging drivers.
- How YOU can become an advocate for cycling!

Reluctant to venture out on your bike in cold weather? Click on these [ideas](#) that will help you get back in the saddle. This is a *great* collection of ideas, personal observations, and professional advice.



Al “The Gloves Are Off” Brody, Bicycle Advocate Extraordinaire *Photo courtesy Dave Horne*



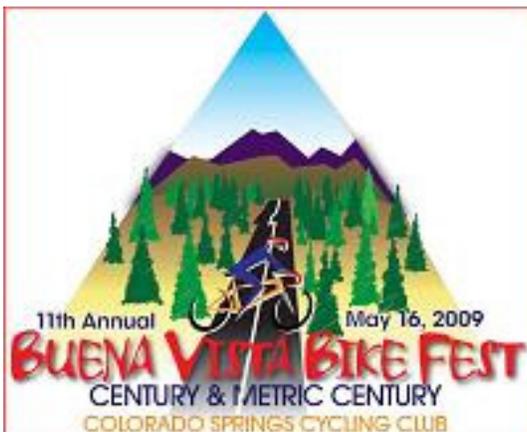
CSCC members ride through the Rock Island "Trunnel" Dec. 6, 2008 Photo courtesy April Tooke

Welcome New Members

Ron & Patricia Higgs, Wendy Gilmour, Bob & Robin Shopbell, Nancetta Williams, Nard Claar, Marc Crawford, Bonnie Helton, Dean Thompson, Robert Hill, Dan and Sherry Maples, Stephen Fuhrmann, Marilyn Smith, Jim Gagliardi

Renewing members-Thanks!

Charlie & Barb Czarniecki, Jennifer Skorcz, Lowell Morgan, Sean & Hope Mullally, David Waddell, Paula Makara, Dave & Kathy VanDerWege, Michael Wallace, Jim & Karen Shock, Scott & Jennifer Dorff, Bill & Cynthia Doty, Brooke Chestnut, Dan Martin, Aaron Rosenthal & Janet Oliver, Doug Pape, Dan Sadowski, Martin Shepperdson, John Pamperin, Thorsten Ostrander, Kerry Hefta, Connie Miller & Ed Bidinotto, Jerry & Kathy White, Rush & Mindy Carter & Family, Chris & Laura Keller



This event is filling up fast. Get registered soon!
BVBF ROCKS!!!!

Cycling in France, Anyone?

Editor's note: I get emails like this all the time. I have so many vacations planned... This outfit seems to be very well organized with lots of helpful tips on how to get yourself ready for a long ride in France. At any rate, the photos on their website are great!

I thought your members/readers might be interested in a page I've put up on my website www.bretonbikes.com. It's a commercial site, but this page - <http://www.bretonbikes.com/articleindex.htm> - is a collection of articles, mostly on cycling in France. There are equipment reviews, stories, advice and a few just there for fun. I'm also always happy to provide what free advice I can to anyone coming over to France and organising their own holiday, all they need do is send me an email.

If you would like to lift any of the articles for your own site or newsletter then please go ahead, all I ask is that you put a link to my site at the end (or a mention if on paper).

I'd also love to have any stories - touring tales etc that your members might have so that I can add them to the list.

Happy cycling
Cheers

Geoff



Geoff and Kate Husband
Breton Bikes
14 Grande Rue
22570 Plelauff
France

Tel (00 33) 2 96 24 86 72
For Cycling Holidays E-mail
info@bretonbikes.com Homepage -
<http://www.bretonbikes.com>

“*SOCIALLY*” from page 1

The Tour de Turkey in November kicked off the holiday season for us, and while the weather may not always be conducive to riding, CSCC can always manage to have a good time.

Now that the New Year is here it is time to start planning for a few upcoming rides like the Shamus McSpud Hot Potato ride, a tradition around St. Patrick's Day. Anybody up for a mountain bike ride and overnight camping at Pueblo Reservoir this spring? The trails there are comparable to Western Slope destinations and its right in our backyard.

Email me at chrisconboy@msn.com if you have ideas for social events, or would like to help plan parties.



Joan and Wes, music directors. *Photo Dave Horne*



Much fun was had by all at the 2008 CSCC Christmas Party! *Photos courtesy Dave Horne*

Attention CSCC Members! Club Bylaw Changes Are Afoot

Your Board is proposing amendments to the club Bylaws, and per the bylaws, this constitutes 30 days notice as required in Article IX, Amendments. We will be voting on the proposed amendments at the March 3, 2009 club meeting, held at our regular meeting time and site at City Hall. (see [calendar](#) for location details)

The Board is proposing changes to the following Articles

1. Article IV, Officers #4 and Article IX, Amendments: The proposed change will provide for voting for officers and bylaw amendments electronically on the club website.
2. Article IV, Officers #5, The proposed change will have the President, Vice President, Secretary and Treasurer all elected at the same time every two years.
3. Article I, Name, Purpose, and Emblem #3: The clubs advocacy role will be better described.

Specific language for each change will be provided in advance of voting at the March club meeting. The club's current bylaws are available for your review on the club website in the File Archive in the members area of the website.

More will be coming to you on these changes prior to voting in March. Be sure to attend the meeting so you vote will count.

Dave VanDerWege
President CSCC

WANT TO SUBMIT SOMETHING TO THE BENT FORK CHRONICLES?

Please do! We welcome photos and stories from members.

To make sure your stuff shows up here please send:

- Photos, as attachments, in jpg format (I can edit just about anything in this format)
- Who took the photo if it wasn't you
- Who is in the photo – and did you ask if they'd mind their photo being published?
- Text with the 6 Ws – who, what, when, where, why, whow ☺ (this eliminates endless emails back and forth)
- As much info as possible, and check spelling of names
- Text in a word document, in Century font, size 11 will be a big help!

I look forward to seeing your photos and stories.

Janine Hegeman, Editor

j9h@comcast.net



23rd Annual Frozen Water Bottle Ride Jan 1, 2009

No, the Buena Vista Bike Fest didn't start early this year! The Frozen Water Bottle Ride route went through the beautiful foothills in NW Colorado Springs. There wasn't a frozen water bottle to be seen; the weather was just about perfect as Bob and Anne Smith led a group of about forty CSCCers on the annual trek. It was the 22nd year that the Smiths have led the ride. For a little history on this tradition, click [here](#). *Photos courtesy Dave Horne*



Janine Hegeman near Blodgett Peak



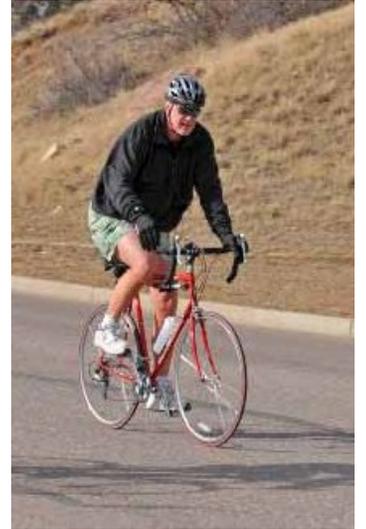
Flying down Woodmen Road



Vic and Diane Villhard



Bob and Anne Smith



Rich Hostak – new road bike, and look at that tan!



Riders gathered in the Trinity Brewing parking lot before the start.

NOW THIS SOUNDS LIKE FUN!

1st Annual
**PEAK REGION
 CYCLIST**
Bicycle Show 2009
 February 21st, 10am-3pm

\$5 admission

Portion of proceeds benefiting
 Pikes Peak Area Bikeways Coalition

Event hosted by Norris-Penrose Event Center
 1045 W. Rio Grande St. Colorado Springs

Bicycle companies and shops from all over
 the Pikes Peak Region

Advocacy and Trail Building Groups
 Everything you need to know about
 cycling in Colorado Springs, Castle Rock,
 Monument, Pueblo, Canon City, Woodland Park,
 Salida, and Buena Vista.

Vintage road and mountain bike show

Bike Art - Over 1,000 square feet of
 ROLL Bike Art (Portion of proceeds benefiting
 Medicine Wheel Trail Advocates)

After the show watch "American Flyer's" on the
 big screen at Kimball's Twin Peak Theater downtown.

ALISON DUNLAP ADVENTURE CAMPS, ANGLETECH, ASCENT CYCLING, BALANCED ROCK BIKE & SKI
 BICYCLE EXPERIENCE, BICYCLE VILLAGE, COLORADO SPRINGS BIKE SHOP
 COUNTRY PEDALER BICYCLES & SKI, CRITERIUM BICYCLES, CS WEST BIKES, GROUNDUP DESIGNS
 MOOTS, OLD TOWN BIKE SHOP, PACTIMO, PRO CYCLING, TEAM TELECYCLE, TED'S BICYCLES
 TESSIER BIKES, USA CYCLING...AND MORE!

Make a weekend of it!

Thursday February 19th - Pub Crawl meets at Wooglin's Deli at 8:30 p.m.

Saturday February 21st is the Bicycle Show!

Sunday February 22nd - Cycling Sundays at McCabes Tavern 1 p.m.-4 p.m.; watch the Tour of California on the big screen.

FOR MORE INFORMATION, CONTACT:

David Pico

President/Publisher - Peak Region Cyclist Phone - 719-338-4948

P.O. Box 25475 Colorado Springs, CO 80936-5475 www.peakregioncyclist.com