

Colorado Springs Cycling Club COVID-19 Compliance Plan for Clinics, Workshops, and Group Rides Effective July 2020

Pursuant to the COVID-19 Guidelines for Outdoor Recreation provided by the State of Colorado and El Paso County, while enabling our members to ride, CSCC is adopting the following requirements for our ride program at this time. Specific requirements are summarized below:

- To implement these initiatives, Groups are limited to a maximum of 10 people, not including the ride leader(s). All participants will be required to pre-register on Meetup for all events – this will ensure the 10-participant maximum is not exceeded. If an individual who is signed up for a ride finds they cannot participate for any reason, they should cancel as soon as possible so the next person on the waiting list can be slotted in their place. In RSVPing on Meetup and appearing for the ride or event, the participant acknowledges they have read the CSCC “Assumption of Risk and Waiver of Liability, relating to Coronavirus/COVID-19” and agrees to accept, execute and strictly follow all of these guidelines. CSCC insurance policies are intended to cover first-time riders even if they are not currently a dues-paying member, but after the first ride no insurance will be available for non-members. Riders are responsible for confirming their own membership status prior to showing up for a ride.
- At this time, rides are reserved for CSCC members, which makes it a great time to join. You can join at bikesprings.org. CSCC riders are required to follow county health guidelines for outdoor recreational activities, which creates greater responsibility for ride leaders and riders.
- Helmets and masks are required for all riders. Masks are to be worn as much as possible, especially when not riding the bike, when gathering before and after the ride and on breaks, **while maintaining physical distance of at least 6 feet**. Helmets are to be worn whenever you are riding the bike.
- Names and contact information for all activities will be tracked with a signup sheet as usual, since this information is required for CSCC insurance and contact tracing purposes. However, this will now be done by a single person recording the information rather than by passing around a sign-up sheet.
- Participants are to be self-sufficient and bring their own food, water bottles, hygiene supplies, and a tube or tire repair kit. Equipment, tools, etc. should not be shared. Weather can be unpredictable so be sure you are dressed for the day’s weather.